

**ADDITIONAL DETAILS**



**Music**

I would like to contribute to the music

I can bring and play a .....

I can play the piano

I would like to be in a room near to

.....

I have mobility issues

I really need a ground floor room

Any other requirement.....

**Catering**

I need a special diet .....

.....

**Day Visitor**

I would like to attend as a day visitor on Wednesday, 16<sup>th</sup> May (cost £50, including supper). Breakfast is at 8.30, Silence is broken at 9.00 and the Morning Session 2 starts at 9.30 in the Waveney Room.

Please sign and print name, date, and return this form, with a cheque, by post, to Linda Ginn, Wisteria Cottage, The Street, Hacheston, IP13 0DS

Signature.....

Name.....

Branch..... Date.....

Any problems? Will try and get them sorted! LG



**LEADER: REV'D KATHY BISHOP, Spiritual Director**  
Kathy has, for the last 40 years, been living with her husband in Linton, Cambs. She has two grown up children and two grandchildren.

Kathy was first introduced to annual Retreats through the MU in Ely Diocese where she has been a member since her children were very small. She became more involved in retreats when helping, as a lay person, to set up Cursillo in St. Eds and Ips.

In 2004 Kathy completed a course in Cambridge to become a spiritual director, and continued training at Ridley Hall. She now works as a self-supporting minister in the Ely Diocese in six parishes close to home. Having staffed on many Cursillo weekends, and led the clergy spouse retreat for the Norwich Diocese in 2016, we are delighted that she will now be sharing her wisdom, knowledge, insight and experience with us all.

Kathy is happy to make herself available for anyone who would find helpful a one-to-one/spiritual direction time. Christine (our DP), and others, have also offered to help, with prior notice.

There is a small prayer room near Reception where you can find recycled luggage labels on which to write down prayer requests, "thank you" prayers or personal, anonymous prayers, to hang on a Prayer Tree. These will be collected up and brought to the final Communion Service. Depending on the weather, a prayer walk (about an hour) using local footpaths could be arranged on Wednesday pm.

**Directions**

Directions for travel and other information can be found at <http://www.cct.org.uk/> and follow links.



**St Edmundsbury and Ipswich Diocesan Retreat**  
(Regd. Charity No. 249726)

**COME REST, PRAY AND  
PLAY IN THE LORD**



**Psalm 150:6**

***Come – to find in Jesus, forgiveness, healing,  
hope and peace***

**Tuesday 15<sup>th</sup> – Thursday 17<sup>th</sup> May 2018**  
Belsey Bridge Conference Centre, NR35 2DZ

**led by Revd Kathy Bishop**

Associate Priest and Spiritual Director in Ely Diocese

### Cost and timings

Arrivals are from 2.30 pm onwards on Tuesday, 15<sup>th</sup> May 2018, and we depart straight after lunch on Thursday, 17<sup>th</sup> May. The cost per person, with all meals, tea/coffee/biscuits etc. will be -

**£159.00 per person – all inclusive**

### Belsey Bridge Retreat Centre

Belsey Bridge is set in the beautiful countryside of Ditchingham, Norfolk, adjacent to what was the All Hallows' Convent and chapel where the Sisters used to live. There is a common room/lounge and several smaller sitting areas/meeting rooms which can be used throughout our stay, as well as the chapel. Most of our activities will take place in the Waveney Room. There is also a social/bar area, large restaurant for our meals and a small shop selling a range of Christian books, cards, gifts and confectionary. Wi-fi is available, free of charge, throughout the Centre. There are plenty of well way-marked footpaths in the surrounding countryside. Remember to bring warm clothing and outdoor footwear for muddy paths....!

### Food and dietary requirements

The food at Belsey Bridge is very good. There is always a selection of dishes to choose from at each meal. Please indicate on your booking form any dietary requirements you may have. The Centre are very good at supplying alternatives. All food, meals and refreshments are included in the price.

### What do I need to bring?

After booking your place and nearer the event, you will be given more information about what to bring and what to expect over the days of the Retreat. Don't forget your medication list – just in case!

### Booking and Deposit

Booking forms are available from Branch Leaders, and if space permits, the Spring 2018 edition of Pathways will also have a form that can be photocopied. Or details copied out on a separate sheet of paper will also be acceptable. More printed copies of this form can be downloaded from the emailed letter to Branch Leaders or from our web page at [www.musuffolk.org.uk](http://www.musuffolk.org.uk)

Please return your booking with a (non-refundable) minimum deposit of £50 per adult, or the full amount of £159. The charge for Day Visitors (Wednesday) will be £50, including supper. Donations towards MU expenses are always welcome! Cheques payable to **"Mothers' Union"**.

Payment for each participant must be received, in full, no later than six weeks before the Retreat. Around Easter-time you will receive a copy of the Programme (a few extra copies will be available at the Retreat), together with a light-hearted *"Belsey Bridge Survival Guide"*. Please let me know in advance if you need any large print versions.

You will be met on arrival at Reception and given your room key with outdoor security fob and key pad code (doors locked at 9.30 pm); a floor plan and anything you may have forgotten! We will take you to your room. Late-comers will find the room number list and key on the unmanned Reception desk by the main door - if in doubt, ASK SOMEONE!

Topics for prayer are on our website. As with all Retreats, everything on the programme is optional – the days are for you to "come up for air" in your own way and to use as much or as little as you think will be helpful to you in your spiritual journey.

### ✂ REGISTRATION FORM

Name .....

Address .....

.....

.....

Postcode

.....

Your own Phone number .....

Contact Name/Number in case of emergency .....

.....

Email .....

A minimum deposit of £50.00 pp, to be paid by Easter, is essential to secure your booking

**Full cost of Retreat £159.00**

Please make cheques payable to  
**Mothers' Union**

I enclose a cheque for the full fee £ .....

Or the minimum deposit £.....

Day Visitor (£50, including supper) £.....

A gift towards MU expenses £.....

Special needs to be notified by mid-March  
Closing date for bookings **31<sup>st</sup> March 2018**

